

Name: _____

My Safety Network



Instructions

- 1 Have a chat to your child about who in their life they trust.
- 2 Ask your child to trace their hand on this piece of paper
- 3 Now write the name and contact number of each 'safety helper' on each finger.
- 4 Once you've done this ask your child to keep it in their school bag so if they ever feel scared or unsafe, they have 5 options to call for help.